

The NDIA and Scope Australia are undertaking a research project to understand how participants use formal and informal capacity building supports to transition to more individualised living options (ILO) and choose a home that's right for them.

The research will focus on:

- understanding what type of supports participants with high-level in-home support needs receive through the NDIS
- how these supports can be used by participants to build the skills they need to live more independently
- the barriers and enablers to living more independently.

When we talk about 'living more independently', this may include things like individualised living options, such as living with friends or a host family.

The research is being carried out in two stages:

- the first phase will be through interviews and focus groups with NDIS participants, their family, carers and other supporters, as well as Scope staff. This stage is complete.
- the second phase will be through an online survey.

This research has ethical approval from Monash Health Human Research Ethics Committee RES-21-0000-492A.

## Be part of this research

We are currently:

- surveying participants to get their views on using capacity building supports to live how and where they want to
- surveying family, carers, SIL and ILO planners, LACs, partners, providers, and support workers to understand their perspectives
- interviewing participants with ILO funding and their families, and other supporters about their experiences

More information can be found on the [Have your say page](#).

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