
Posted on:

7 May 2019

[Transcript for 'Have fun and get fit with the Holt Bolt'](#)

The Holt Bolt is an NDIS registered provider running obstacle courses for children of all abilities and needs. They also have a couple of studios where they help children develop coordination, spatial awareness, core strength and a whole range of other skills.

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After a childhood stroke, Peter is now a professional keynote speaker and mentor

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Sam's has built confidence and capacity to pursue his opportunities.

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