

**The role of families and carers is often essential in supporting people with disability to realise their goals, so it is important to include them in discussions about supports.**

## **[The early childhood approach](#)**

[For children younger than 7](#)

## **[How we can help you as a carer](#)**

## **[Support for carers from other agencies](#)**

## **[Guardians and nominees explained](#)**

## **[What to do when someone dies](#)**

## **[Transitioning from residential aged care](#)**

This page current as of  
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