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Your early childhood partner, LAC or NDIA planner will let you know the next steps and how long it will take to receive your approved plan.

Find out how long this takes in our [Participant Service Guarantee](#) .

During your planning conversation you can request a copy of your plan printed in a variety of accessible formats such as Braille, electronic text (on CD), large print or audio (on CD), or translated into your preferred language.

## Viewing your plan

Your plan will be available on the NDIS myplace portal about 24 hours after it has been approved. You will also receive a printed copy of your plan either in person or in the mail in your preferred format or language. During your planning conversation you can request a copy of your plan printed in a variety of accessible formats, read more about [Your plan in other formats](#).

## What is myplace?

myplace is a secure website portal on the Australian Government's myGov website where you or a person you trust (a nominee or child representative) can access your NDIS information.

## What can you do on myplace?

- See your current plan and previous plans.
- Check your contact details.
- See messages from the NDIS.
- Create and view payment requests.
- Create and manage service bookings.
- Upload documents, including assessments or service agreements.
- Share your plan, or parts of your plan, with your service providers.
- Find service providers.

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[Find more information and the step-by-step guide for using the myplace participant portal](#)

## **What's in your plan**

Your NDIS plan will be based on the discussion you had in your planning meeting. Your plan will include the following information:

### **Information about you**

This section includes basic information about your disability, your day-to-day activities, where you live, who you live with, or who cares for you.

### **Family and friends**

This section includes information about the support you get from family and friends to help you work towards your goals.

### **Services and community groups**

This section includes information about services and supports funded and delivered by community or other government services like support groups, health centres, libraries and public transport.

### **Your goals**

This section includes the current goals you would like to pursue as part of your plan and the long-term goals you have identified for your life. Goal-setting is an important part of the NDIS. The supports you receive may help you pursue the goals in your NDIS plan.

### **Funded supports**

This section tells you what funding you have been allocated in each support category and what this funding is for. You may not have all the support categories funded in your plan. Some people might have one or two support categories funded and others may have more. This will depend on your individual needs and may change from plan to plan based on the supports and services you need.

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Your funding is based on what is reasonable and necessary for your needs, in addition to the support provided by family, friends and other community and government services that you need to live your life. You must only use your NDIS funding on supports and services that are related to your disability.

## What happens if you disagree with what's in your plan?

If you are not happy with your funding you have the right to ask for an internal review of your plan by the NDIA. For more information about the internal review process visit the [How to review a planning decision page](#).

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