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Some booklets and factsheets and publications are available in printed form, [visit your local office](#), use the web chat or call 1800 800 110 for information.

For a list of common terms and acronyms, go to the [Glossary](#).

Participant booklets

Three participant booklets are available to support people with disability and participants throughout their NDIS journey.

The booklets are a practical tool to help people with disability, participants, their families, carers and the wider community to learn more about how to apply for the NDIS, prepare for a planning conversation and use their plan.

The booklets are intended for use throughout a person's NDIS journey and can be used to record key information, write questions and collect thoughts.

Booklet 1 - Applying for the NDIS

Booklet 1 covers:

- what the NDIS does and who is involved
- how to apply for the NDIS
- what the NDIS funds.

[Booklet 1 - Applying for the NDIS \(PDF 414KB\)](#)

[Booklet 1 - Applying for the NDIS \(DOCX 70KB\)](#)

[Easy Read: Booklet 1 - Applying for the NDIS \(PDF 5.1MB\)](#)

[Easy Read: Booklet 1 – Applying for the NDIS \(DOCX 68KB\)](#)

[Braille: Booklet 1 – Applying for the NDIS \(ZIP 34.4KB\)](#)

Booklet 2 – Creating your NDIS plan

Booklet 2 covers:

- getting ready for your planning conversation
- creating your NDIS plan
- receiving your approved NDIS plan

[Booklet 2 – Creating your NDIS Plan \(PDF 458KB\)](#)

[Booklet 2 – Creating your NDIS Plan \(DOCX 66KB\)](#)

[Easy Read Booklet 2 – Creating your NDIS Plan \(PDF 4.11MB\)](#)

[Easy Read Booklet 2 – Creating your NDIS Plan \(DOCX 76KB\)](#)

[Braille: Booklet 2 – Creating your NDIS Plan \(ZIP 25.7KB\)](#)

Booklet 3 – Using your NDIS Plan

Booklet 3 covers:

- what your plan includes
- how to use your plan
- how to choose and pay for your supports and services
- how to prepare for a plan reassessment.

[Booklet 3 – Using your NDIS Plan \(PDF 691KB\)](#)

[Booklet 3 – Using your NDIS Plan \(DOCX 70KB\)](#)

[Easy Read Booklet 3 – Using your NDIS Plan \(PDF 5.5MB\)](#)

[Easy Read Booklet 3 – Using your NDIS Plan \(DOCX 85KB\)](#)

[Braille: Booklet 3 – Using your NDIS Plan \(ZIP 42.9KB\)](#)

You can order hard copies of the English, Easy Read and braille booklets via web chat or call 1800 800 110.

Translations

You can download digital translations of the booklets in 17 languages. See the [languages page](#).

Factsheets and checklists for participants

Children younger than seven

- [Factsheet: Help for your child younger than 7 \(PDF 103KB\)](#)
- [Factsheet: Help for your child younger than 7 \(DOCX 401KB\)](#)
- [Easy Read: Help for your child younger than 7 \(PDF 3MB\)](#)
- [Easy Read: Help for your child younger than 7 easy read \(DOCX 67KB\)](#)

Using your plan

- [Checklist: Starting my plan with a Local Area Coordinator \(PDF 160KB\)](#)
- [Checklist: Starting my plan with a Local Area Coordinator \(DOCX 204KB\)](#)
- [Easy Read: How to start my NDIS plan with a Local Area Coordinator \(PDF 1.5MB\)](#)
- [Easy Read: How to start my NDIS plan with a Local Area Coordinator \(DOCX 20KB\)](#)
- [Checklist: Starting my plan with a Support Coordinator \(PDF 158KB\)](#)
- [Checklist: Starting my plan with a Support Coordinator \(DOCX 202KB\)](#)
- [Easy Read: How to start my NDIS plan with a Support Coordinator \(PDF 1.2MB\)](#)
- [Easy Read: How to start my NDIS plan with a Support Coordinator \(DOCX 20KB\)](#)

For more information, see the [Using your plan](#) page.

Mental Health information

- [Factsheet: Psychosocial disability, recovery and the NDIS \(PDF 740KB\)](#)
- [Factsheet: Psychosocial disability, recovery and the NDIS \(DOCX 1MB\)](#)

For more information, see the [mental health and the NDIS page](#)

Employment information

- [Let's talk about work booklet \(PDF 1.6MB\)](#)
- [Let's talk about work booklet \(DOCX 46KB\)](#)
- [Easy Read Let's talk about work booklet \(PDF 8.4MB\)](#)
- [Easy Read Let's talk about work booklet \(DOCX 60KB\)](#)

For more information, see the [thinking about work](#) page.

Information for Aboriginal and Torres Strait Islander participants

- [Getting started with the NDIS \(PDF 6.7MB\)](#)
- [Getting started with the NDIS \(DOCX 1MB\)](#)
- [Easy Read - Getting started with the NDIS \(PDF 6.6MB\)](#)
- [Easy Read - Getting started with the NDIS \(DOCX 1MB\)](#)

More NDIS information

- [Things to consider when making a service agreement \(PDF 183KB\)](#)
- [Guide to Service Agreements Easy Read \(PDF 4MB\)](#)
- [Factsheet: Proof of Identity \(DOCX 119KB\)](#)

For GPs and health professionals

- [Factsheet: GP and health professional's guide to the NDIS \(PDF 1MB\)](#)

For more details, visit the [information for GPs and health professionals](#) page.

Download the Participant Booklets

Booklet 1 - Applying for the NDIS

Documents

- [Booklet 1 - Applying for the NDIS: Download PDF](#)
- [Download Booklet 1 - Applying for the NDIS: Easy Read DOCX](#)
- [Download Booklet 1 - Applying for the NDIS: Easy Read PDF](#)

Booklet 2 - Creating your NDIS plan

Documents

- [Booklet 2 - Creating your NDIS plan: Download PDF](#)
- [Download Booklet 2 - Creating your NDIS plan: Easy Read DOCX](#)
- [Download Booklet 2 - Creating your NDIS plan: Easy Read PDF](#)

Booklet 3 - Using your NDIS plan

Documents

- [Booklet 3 - Using your NDIS plan: Download PDF](#)
- [Download Booklet 3 - Using your NDIS plan: Easy Read DOCX](#)
- [Download Booklet 3 - Using your NDIS plan: Easy Read PDF](#)

Do you have a concern or complaint about your NDIS supports or services?

[Contact the NDIS Quality and Safeguards Commission \(External website\)](#)

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