
Videos

These self-management 'how to' videos and checklists have been developed in partnership with The Growing Space to help people get more out of their plans.

- [What is self-management?](#)
- [The benefits of self-managing your plan](#)
- [Is self-management right for you?](#)
- [Getting set up to self-manage](#)
- [Who can you buy from as a self-manager?](#)
- [Finding good supports while self-managing](#)
- [Working out how much to pay your providers](#)
- [What to do if you are unhappy with the support you are getting](#)
- [Making claims and paying providers](#)
- [Keeping good records](#)

Checklists

- [Deciding if self-management is right for you \(PDF 754KB\)](#)
- [Deciding if self-management is right for you \(DOCX 289KB\)](#)
- [Getting set up to self-manage my NDIS plan \(PDF 230KB\)](#)
- [Getting set up to self-manage my NDIS plan \(DOCX 293KB\)](#)
- [How I will manage the funding in my NDIS plan \(PDF 293KB\)](#)
- [How I will manage the funding in my NDIS plan \(DOCX 294KB\)](#)
- [Can you buy it with your NDIS funding \(PDF 228KB\)](#)
- [Can you buy it with your NDIS funding \(DOCX 284KB\)](#)

Other resources

The following websites may provide helpful information and advice on self-management. These organisations received grant funding from the [Information Linkages and Capacity Building \(ILC\)](#) program for self-management resources.

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