

On this page:

[When support is available for young participants](#)

[Support while still at school](#)

[Moving from school to work](#)

[Transitioning from school to further education or training](#)

When support is available for young participants

NDIS supports are available to any working age participant with an employment goal. This support focuses on helping young participants to build skills and confidence to get ready for work. When we say young participants, we mean those aged 20 to 24 years old.

Support is available to help:

- get extra work experience to that received at school
- get a part time job outside of school hours
- transition from school to work
- those with very little work experience and no previous employment history to build skills for work find and keep a job
- transition from school to further education or training, or to get a job when qualifications are completed.

Support while still at school

Work experience

You can start preparing for work after leaving school by doing extra work experience or getting a part time job while still at school. Your school may already offer work experience. If you need extra support because of your disability for work experience, you can speak to [your NDIA planner](#) about [your work goals](#).

Part-time jobs

You may want help to find or keep a part-time job outside school hours. We can fund NDIS supports to help build your skills if you need extra support due to your disability.

This could include building skills to:

- work in a team
- stay on task
- manage your money
- learn to catch the bus or train
- understand what an employer expects
- find a job and settle into the workplace.

School-based traineeships

You may get to do a school-based traineeship, where you combine school, study and work. We don't fund supports provided by your school, traineeship provider or employer.

If you need extra support because of your disability to maintain your employment, we may be able to fund NDIS supports to help you complete your traineeship.

Moving from school to work

You might already know what kind of work you want to do or have some work experience in. If you are not sure what kind of job, career or work you want, it's important to think about [your employment and study goals](#) as you get close to the end of school.

If your disability affects your ability to learn or interact with others, you may need extra time and help to get ready for work when you leave school. We can help you to build work skills and choose the work that's right for you.

Transitioning from school to further education or training

You may want to work towards a job that needs you to have a qualification. This could include a university degree or certificate through TAFE. We can help you if you need extra help to make the right connections at TAFE or university. We do not fund what TAFE or university is responsible for, but we can help you to access and engage in further education or training.

This might include:

- personal care while you're studying or doing approved placements
- transport if you can't drive or use public transport, because of your disability
- training for staff at university, TAFE or a host employer (during placements) about your individual support needs.

Help is also available to help you get a job when you finish your qualification.

Learn more about how we can support [your employment journey](#).

Related information

[How to set employment goals](#)

[Guide to employment](#)

[What is an NDIA planner](#)

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