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> **Update**: Due to new NDIS laws budgets will be progressively reduced for social, economic and community participation supports and improved daily living skills.
>
> The budget reductions will be applied to new and reassessed plans from 1 October 2026 and renewed plans from 1 February 2027.
>
> Learn more about the legislation changes.

Learn about plan reassessments

We'll work with you to create a new plan when it's 56 days from its reassessment date if your situation has significantly changed. We call this process a plan reassessment.

When to start thinking about your next plan

Your my NDIS contact will contact you to organise a time to check-in about 2 to 3 months before your plan's reassessment date.

Your my NDIS contact will get in touch with you the way you've asked us to contact you. This may be by phone, email or letter.

Your my NDIS contact will talk to you to about your current plan, how it's been going and if the NDIS supports in it reflect your needs.

What happens at your check-in

At your check-in, your my NDIS contact might ask you:

- how you're going
- how you're tracking against your goals
- if you have new goals or want to change the ones you have
- how you're using services in your community

- how you're using the NDIS supports in your plan
- how your NDIS supports are helping you work towards your goals
- if your NDIS supports still meet your disability needs
- if your situation has changed
- if you know of any changes coming up in your life.

Learn more about how to prepare for your check-in.

Asking for a change to your next plan

Your my NDIS contact will talk to you about the kinds of information and evidence we need to make a change to your plan. They'll also explain how to gather this information.

You can also ask your support coordinator or recovery coach for help to collect the information we need.

Your NDIA planner uses your information and evidence to decide about the change you've asked for and the types of NDIS supports you might need in your next plan.

Your NDIA planner will invite you to a plan meeting to talk about your new plan to explain the decisions they've made about your NDIS supports, if your next plan is different to your current one.

> **Tip: You don't have to wait until your plan's reassessment date to ask for changes.**
>
> You can ask for a plan reassessment at any time if you have significant and ongoing changes to your support needs.

Keep your next plan the same as your current one

You don't have to change your plan if it's working well

Let us know at your check-in if your plan's working well for you. We can vary your current plan instead of creating a new one. Or we may continue your plan if it's working for you.

Before you do that, here are some things to consider:

- Do you have the right NDIS supports in place?
- Have your circumstances changed since creating your last plan?
- Are you happy with your goals?

- Are your NDIS supports working well for you?
- Has anything not worked so well in this plan?
- Are you expecting any changes in your life in the coming months?

Changes can be small

We can vary your current plan if we need to make small changes.

Learn more about plan variations.

We may continue your plan

We call this a plan continuation. Your plan will continue for up to 12 months instead of being reassessed and getting a new plan.

Your continued plan will have the same funding amounts in your core and capacity building budgets as your previous plan. The funding amounts will be indexed.

Any unspent funding for NDIS supports from your previous plan can still be used. These funds will remain in the continued plan.

> **Tip: You don’t need to have a plan meeting.**
>
> You won’t need to have a plan meeting if we vary or continue your plan. It’ll automatically be uploaded to your participant portal and the my NDIS app.

Related information

What is a plan reassessment

What is a my NDIS contact

What is a check-in

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