

Transcript – Self Managing your NDIS plan

- [Narrator] Self managing your NDIS plan gives you choice and control over the supports and services you purchase to help you achieve your goals.

This means that you, a family member, or a trusted person will have complete control over your funds. Including paying your supports and service providers.

In this video, we'll explain what you need to do in order to self manage your plan.
(bell rings)

If you choose to self manage you will have the ability to choose any provider or support that will help you to meet your plan goals.

The provider does not need to be registered with the NDIS.

The capacity to be innovative and flexible when purchasing services and supports to best meet your needs.
(gentle music)

You will be responsible for making sure the services and support you purchase are reasonable and necessary and help you to achieve your NDIS plan goals.

You will also need to manage your budget so you can purchase supports for your needs for the duration of your plan.

As a self managed participant you will be in control of selecting and arranging your service providers and support. Requesting invoices and receipts for services. Processing payment requests for the services through the NDIS participant portal My Place. And then paying your service providers.

NDIS will want to hear about how you've achieved your plan goals using the supports and services you've purchased. You will need to keep receipts and maintain records of services and supports used.

As a self managed participant you will have flexibility to use your allocated NDIS budget to purchase services that help you to self manage your funds and supports.

If you would like to self manage but are unsure whether you are ready to self manage all aspects of your NDIS budget don't worry.

Talk to NDIS about what supports are available to help you develop the skills you need. This could include a support coordinator who can help you to get started. A plan manager to help you manage your funds. Or a local area coordinator, or early childhood partner who can help you find services and supports.

To find out more about self managing your NDIS plan go to [NDIS.gov.au](https://www.ndis.gov.au).

Or call us on 1800 800 110.