# Transcript – NDIS celebrates diversity for IDPWD 2018

My disability means that I can show people that diversity can be beautiful and that not everyone’s the same.

I believe that attitude is one of the biggest barriers facing young people with disability in society. People are always surprised when they hear people with disability have jobs or they travel.

When I was diagnosed, people thought that I wouldn’t be able to do simple things like riding a bike, and I’ve definitely proven those people wrong.

My name is Lindy Joy, I’m a world champion in Taekwondo.

My disability means that I may have some different strengths and weaknesses to other people, but I can still do whatever I set my mind to.

I’d like to tell other people with a disability that their disability should never stop them from doing the things that they love and are passionate about.

I like having Down syndrome because I feel strong and confident.

I would like to see attitudes towards disability change in Australia. I think that would give people with disability a lot more opportunity.

I’d like to tell everyone that people should be treated equally, no matter their differences.

And if they could take extra time to listen because I have a lot to say and maybe we will have things in common like a love of cows, planes or Queen music.

I like being different than other people.

I’m so proud of myself.

One way to raise awareness for people with disabilities is via the use of social media. So why not share this video to celebrate diversity?

For more information about International Day of People with Disability visit www.idpwd.com.au