# Transcript - Belinda’s NDIS Supports

Belinda (NDIS participant): My name is Belinda Mahony, I love doing singing and acting and they’re my goals. I want to be a well-known singer and a well-known actor. And, with my acting and singing, to get work.

Damian (Belinda’s Dad): Belinda’s been on the NDIS for about two years now, and it’s changed her life because she’s able now to pursue the things that she really loves doing and that she’s good at which is singing and acting, the funding allows her to extend those skills and that makes her happy.

Alma (Belinda’s Support Worker): Belinda has a variety of funding opportunities within her plan. Core Supports, which is the self-care activities, assist Belinda in her daily living. And this also assists Belinda to access the community. Belinda has a range of supports covered under the Capacity Building Support budget. That includes improved life choices which is plan manager, improved daily living which is the occupational therapist. Belinda also has access to health and wellbeing support to assist her with nutritional meal planning and to enhance her psychological and physical wellbeing.

Damian: It makes us really proud to see Belinda performing and following her dreams. Belinda has really grown through this process and we’re really looking forward to the future in terms of the opportunity it might bring for Belinda.

Belinda: I’m lucky that I have the NDIS in my life. I don’t think I’ll ever stop singing, I don’t think I’ll ever stop acting, because I love it.

Voiceover: For more information visit ndis.gov.au or phone 1800 800 110.