**Supporting People make their Own Decisions….. by Evan**

It is important for People who are encouraged to make their own decisions in “what Supports they will be requiring” as the NDIS intends aiming to…in giving Control & Choice to People. We need to outline clearly to them how they could step by step do this effectively and efficiently……

They will be required…..

 To Connect with someone who could help them……………………………………….………..…Connecting

 They will need to question in their minds what is it that they wish to achieve…….…Self Discovery

 They will need to come up with as many alternatives to getting this happening….…Community

 Will have to Weigh the Pro’s & Con’s of each alternative chosen…………………………..Be Advised

 They will finally chose their Final Alternative Support……………………………………………Closing

 They will engage to proceed to Action in getting their Support…………………………….Conclusion

Deciding a Simple Course of Action &

Solving a Problem through a number of Possible Ways…….is the Decision Making Process..we may require assistance in doing this……we may be able to do this on our own.

I think that doing this process is best done collectively……..either through Family Friend Peer or Worker.

Decisions are attained either through…..

 Intuition……. In having a “gut” feeling about a possible course of action.

 Reasoning…. Using other People’s Experiences / Outcomes to reason what may work for you.

One might want to use the 2 Methods outlined above…one might use one way more than another.

It is also as important to know what may prevent a good Decision to be made…….

 Not enough Information

 Too much Information

 Too many People around the one problem

 Other People’s vested interests

 Emotional Attachments or even No Emotional Attachments………………………………

All play a significant role in NOT allowing us to Make a Good Decision of what Supports we should have.

**Support for Decision Making consultation submission**

**Name:**Evan (VIC)

**Date and time submitted:**8/9/2021 3:58:00 AM

**How do you identify:**

* A NDIS participant: No
* A family member, friend or carer of a NDIS participant: No
* A NDIS nominee: No
* A legally appointed guardian: No
* A disability support worker: Yes
* A health or allied health worker: Yes
* A community member: Yes
* Aboriginal or Torres Strait Islander: No
* Culturally and linguistically diverse: Yes
* From a rural or remote area: No
* A person with an intellectual disability: No
* A person with a cognitive impairment: No
* A person with a communication disability: No
* A person with a psychosocial disability: Yes
* Other: No

1. **How can we help people with disability make decisions for themselves?**
* Resources: Yes
* Information: Yes
* Decision Guides: Yes
* Having a person help: Yes
* Other: No

1. **Who are the best people to help you (or a person with a disability) to make decisions?**
* Family: Yes
* Friends: Yes
* Peer Support Networks: Yes
* Mentors: Yes
* Coordinators: Yes
* LAC: Yes
* NDIA Partners: Yes
* Advocates: Yes
* Service Providers: Yes
* Other: No

1. **What should they do to help with decision-making?**

Build Caring Trust...Establish appropriate Resources & Supports

1. **How can they get better at helping?**
* Getting to know the participant well: Yes
* Doing some training on decision support: Yes
* By having resources and information about providing decision support: Yes
* Other: No

1. **How can we make sure the right people are helping?**
* They are chosen by the NDIS Participant as a decision supporter: Yes
* They value the rights of people to make decisions with support: Yes
* They are a registered provider: Yes
* They enable the participant to take risks: No
* Other: No

1. **What should decision supporters know about so they can better help people with disability make decisions?**
* Guidelines for decision supporters: Yes
* Scenarios or Examples: Yes
* Information Sessions: Yes
* Support Networks: Yes
* Other: No

1. **Can you tell us about a time when someone helped you (or a person with disability) to make a big decision?**

Yes

**What worked well?**

They really honed in what I really needed & not just what was available

**What could have been better?**

A one of Meeting was not enough...a few Meetings honing in on what I needed was required..the longer the process took the better in my view.

1. **What is the best way to support people with disability to make decisions about their NDIS plan?**
* Practice: Yes
* Peer Support Networks: Yes
* Information and Resources: Yes
* Guidance Tools: Yes
* Not Sure: No
* Other: No

1. **Are there different things to consider for people with different disabilities or cultural backgrounds?**

**An intellectual disability:** No

**A disability that impacts how they think, a cognitive impairment:**No

**A psychosocial disability:**Yes, Things that will fulfill their Psychosocial needs what things meant meaningful in terms of Community Engagements...

**A disability that impacts their ability to communicate:**No

**From a CALD community:** Yes, CALD Communities have different ways of recovering from their Illnesses........they prefer more Community & Social Engagement Strategies....then goal setting initiatives.

**From an Aboriginal or Torres Strait Islander Community:** No

**From the LGBTIQA community:**No

1. **How can we help reduce conflict of interest?**

By Focusing more on the Individual's talents attributes strengths and abilities...and trying to meet them through engagement with the wider Community....no influence on your personal part of ways of engagements.

1. **How can we help reduce undue influence?**

Being upfront and letting them know that is not what you are doing and if they sense this to let the Practitioner know.

1. **What are your concerns (if any) around people with disability being more involved in making decisions for themselves?**

I think it is a great idea if the capabilities are there....they will feel more responsible, more well, more human like any other in the wider Community.

1. **What else could we do to help people with disability to make decisions for themselves? Is there anything missing?**

I have highlighted some areas that could be addressed in my attached report...please see them in terms of answering this question.

1. **Do you have any feedback on our proposed actions in Appendix C of the paper?**

Collaboration on more Informed bias proof options being given to the Individual to chose from..is something that should be a recommendation in App. C providing options thoughtful step by step alternatives  in easy cultivating Choice & Control for the Individual to fulfill is something that would be required in most interventions with their People seeking NDIS Supports.