



Response to NDIS Consultation paper: Supported Decision Making

**Have A Voice and Educate Network
(H.A.V.E.N.) Multicap's Self-Advocacy Network**
Brisbane South, Logan/Redlands & North Coast

NDIA CONSULTATION PAPER “*SUPPORTED DECISION MAKING*” RESPONSE

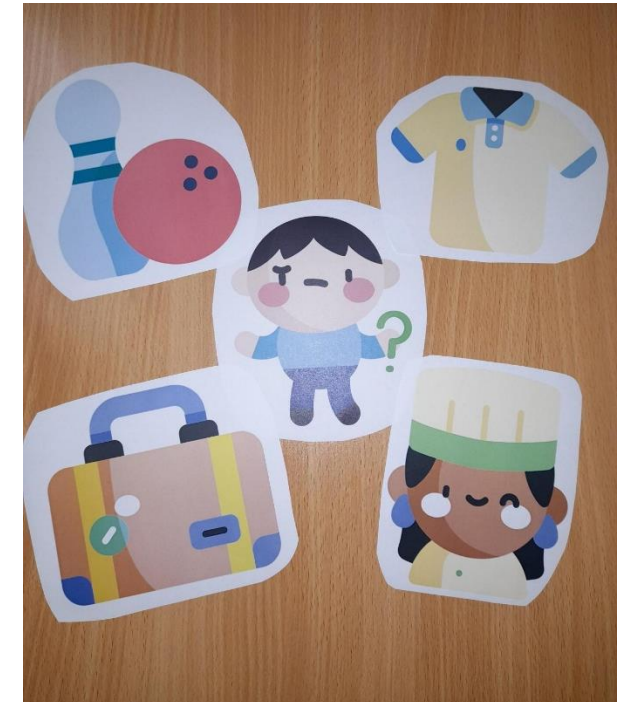


This document is in response to the June 2021 NDIS Consultation Paper: *Supporting you to make your own decisions*. Feedback has been collected at Multicap Self-Advocacy Meetings from attending participants.

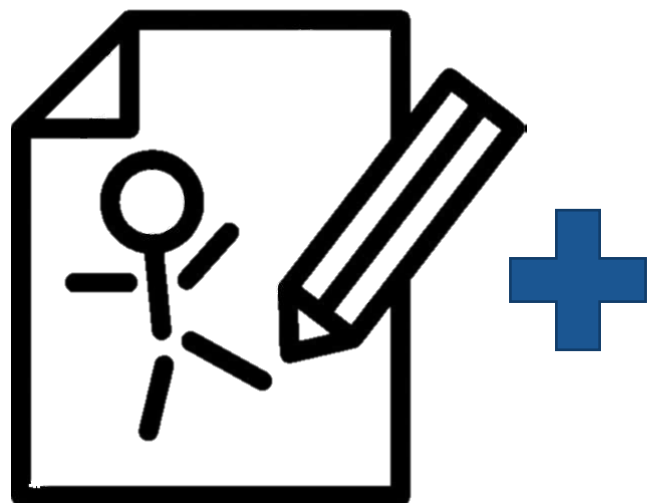
- H.A.V.E.N (Have A Voice and Educate Network) is Multicap’s Self-Advocacy Network. A total of 21 participants have attended meetings to discuss the NDIS Consultation Paper.
- With assistance from the Self-Advocacy Assistant at Multicap, the Network discussed the NDIA’s Easy Read paper to strengthen understanding surrounding supported decision making.
- Through this strengthened understanding, participants engaged in drawing activities to express their voices through an artistic medium and to drive conversations towards supported decision making.
- Responses from Customers in Pine Rivers, Petrie, Eight Mile Plains, Tingalpa and Capalaba
- This document was produced with and for participants’ voices. Comments and statements made are not a reflection of Multicap’s position as a Disability Service Provider.
- The feedback collection process included:
 - Building understanding of Supported Decision Making
 - Various feedback collection methods

Strengthening Understanding of Supported Decision Making

- Read Easy Read paper copy of consultation paper
- Played game to help participants identify and understand the difference between *small everyday* decisions and *big life changing* decisions.



COLLECTED FEEDBACK USING:



Drawing Activity



Open Discussion



Consultation Questions

WHAT DOES SUPPORTED DECISION MAKING MEAN?

What participants said:



- *Not sure.*



- *Helping me make choices.*



- *You can make choices yourself.*



- *You can make choices with your parents.*



- *Asking for help sometimes.*

CONSULTATION QUESTIONS

1. How can we help people with disability to make decisions for themselves?

- more art
- make activities more affordable for families.
- help people ID who to ask for help.
- asking + internet for help.
- support decisions for independence.

a) What supports can NDIS give customers?

- access to support workers.
- family / ones.
- helping support worker understand customer.

b) How do people with disability make decisions for themselves?

- ask for support from support workers (help advise you)
 - cooking
 - housework
- ask for help when you need it.
- make decisions to have a better life.
 - be more independent - goal.
- coping with stress.

2. Who are the best people to help you to make decisions?

- mum / dad.
- support workers for independence.
- doctor / nurse / dietician for health topics.
- service managers for organisation O'second.
- internet.
- themselves.

a) Drawing activity **DONE** how someone helps you make decisions. Talk about who you drew.

- research through internet / laptop
- phone: help
- faster internet. do organise appointments.

safety.

b) Who helps you the most when you need help making a decision?

- family
- support staff
- internet.

c) Who is not helpful when you need help making.

- strangers (They don't know you / not safe)
- sometimes family.

1. How can the NDIS help people with disability to make decisions for themselves?

• help people w/ disability plan for their decisions

- give people w/ dis ideas for how they can make decisions.
 - let them know what their options are
 - give info (detailed) to help them make better decisions.
- teach us how to make good decisions - skills building.

2. Who are the best people to help you to make decisions? (remember your drawings)

friends • family • support staff.

carer

- brother
- sister
- mum
- dad.
- someone who has made a similar choice before
 - will help us make a choice.

1 Can you tell us about a time when someone helped you (or a person with disability) to make a big decision? (Speak Out moment!)

- big brother takes me out so we can talk about my decisions.
 - helpful b/c he helps me feel comfortable + he takes care of things.
- moved in Aus, family had to move a lot / I had to change schools a lot - not good (move a lot) / didn't talk to me about moving.

- What worked well? / What was good?

- talked to carer about ^{going out} cooking + washing at friend's house.
 - makes me happy when they talk to me & give me options for my day.
 - makes me feel in control of my life.

- What could have been better?

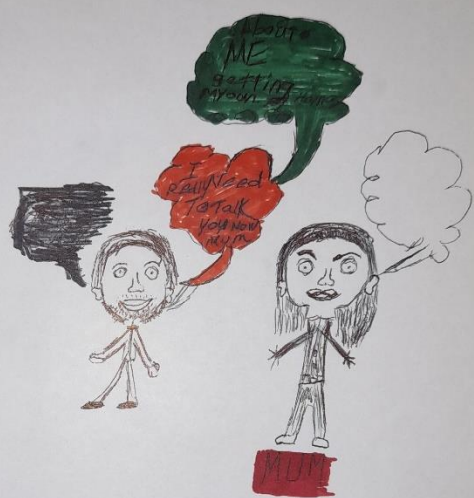
DRAWING ACTIVITY

Participants were asked to draw whomever or whatever helped them most when they make a decision.





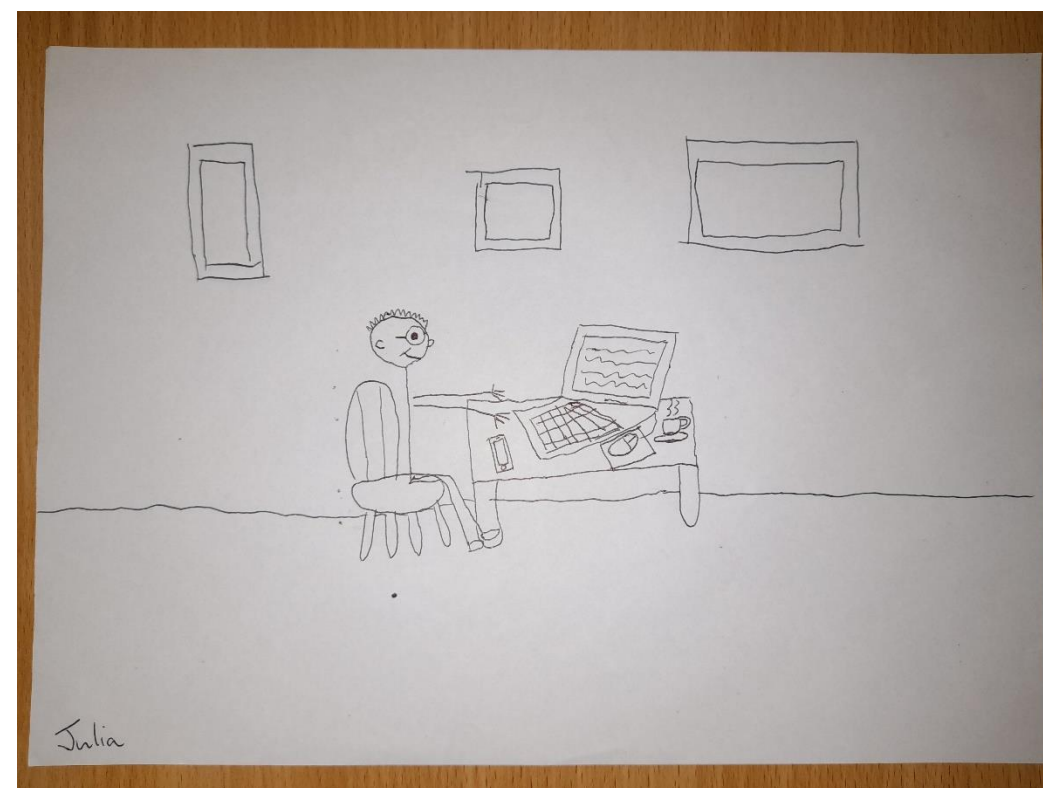
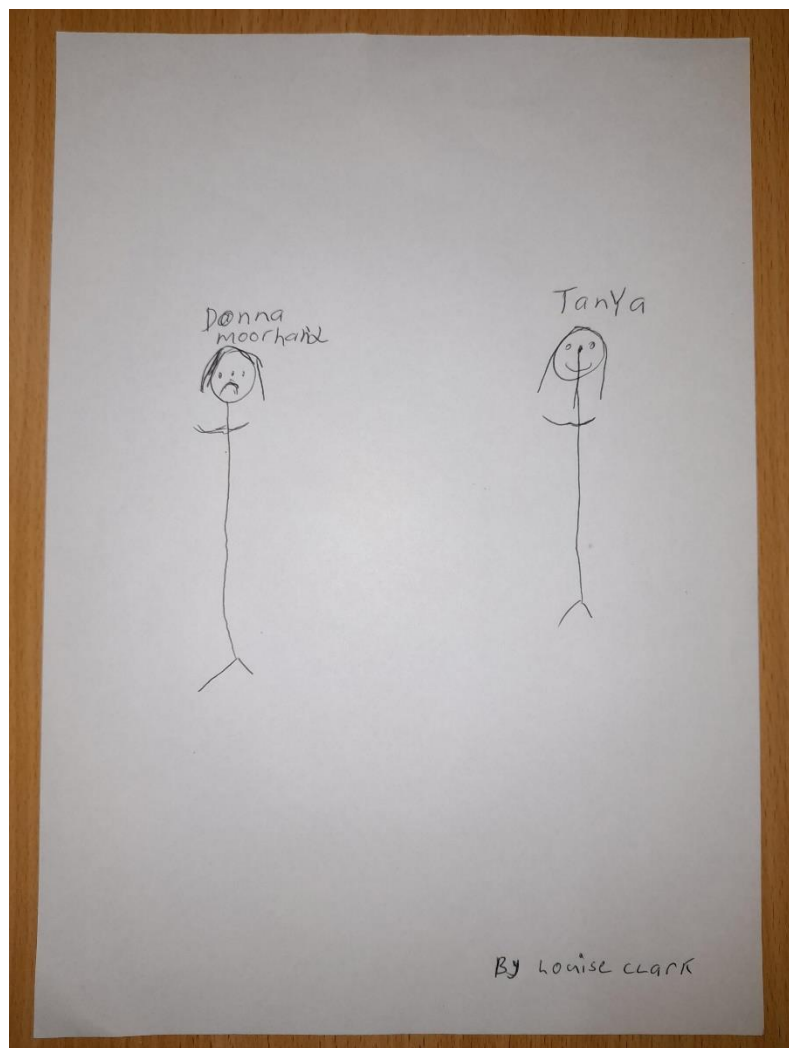
CHRIS

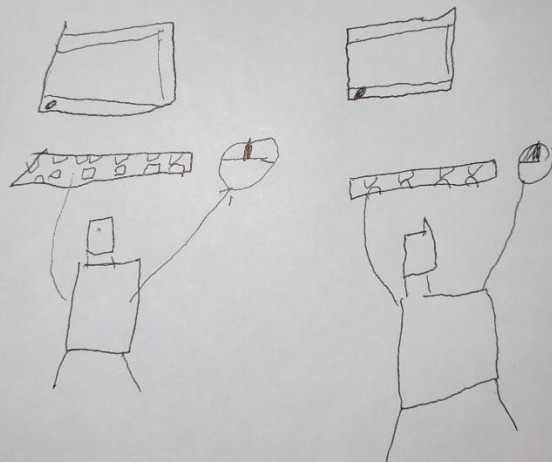


Konnor O'Brien

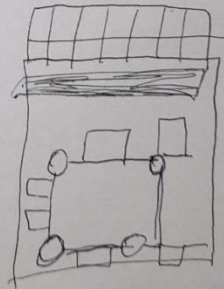
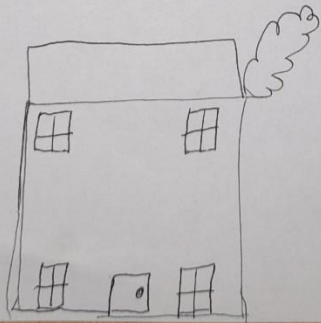
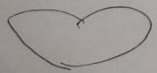








Kate B



vicki



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HIGH NEEDS DISABILITY SUPPORT

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FEEDBACK FROM PARTICIPANTS

***WHO ARE THE
BEST PEOPLE TO
HELP YOU TO
MAKE
DECISIONS?***

Family

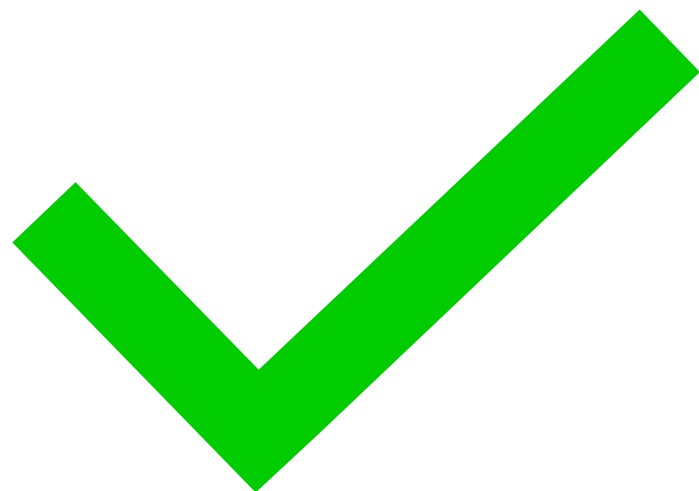
Friends

Support Staff

Someone who has made a similar choice before.

Someone who knows us and our needs well.

WHAT IS GOOD WHEN SOMEONE IS SUPPORTING ME MAKE DECISIONS



- *They know me well.*



- *When they listen to me.*



- *I feel comfortable with them.*



- *They advocate for my needs.*

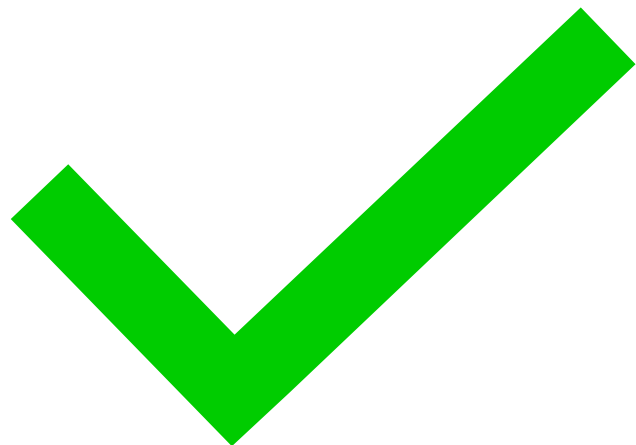


- *They let me know what is happening.*



- *Have a supportive and good attitude.*

WHAT IS GOOD WHEN SOMEONE IS SUPPORTING ME MAKE DECISIONS



- *Helping people with disability understand decisions and consequences.*



- *Support my want to be independent.*



- *Help me get better at what I like and want.*



- *They help me.*



- *I have access to information (internet).*

WHAT IS NOT GOOD WHEN SOMEONE IS HELPING ME TO MAKE DECISIONS



- *Treat me like a child.*



- *Make me believe that I am not capable to do things.*



- *They are too busy to help, and I don't want to bother them.*

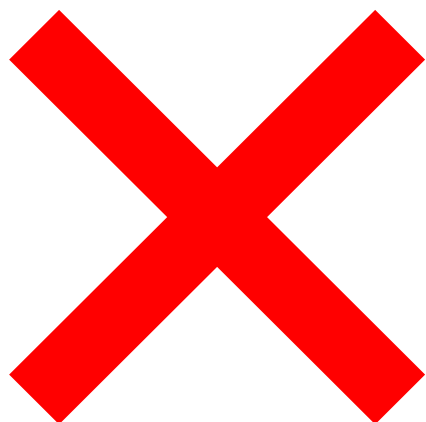


- *Don't just tell me what to do.*



- *When NDIS staff are unreliable and do not answer calls and are never free to have an appointment. Does not help me make decisions about my supports.*

WHAT IS NOT GOOD WHEN SOMEONE IS HELPING ME TO MAKE DECISIONS



- *They don't listen to you.*



- *They don't understand what I really want and what my goals are.*



- *I am not given a choice to make decisions for everyday activities.*



- *They disagree with what we think is best for me.*

**CAN YOU TELL US
ABOUT A TIME
WHEN SOMEONE
HELPED YOU (OR
A PERSON WITH
DISABILITY) TO
MAKE A BIG
DECISION?**

- *“Big brother takes me out when I need help making a decision. He is helpful because he **makes sure I am comfortable**, and he takes care of things. I don’t ask for help a lot when I make decisions because he is too busy.”*

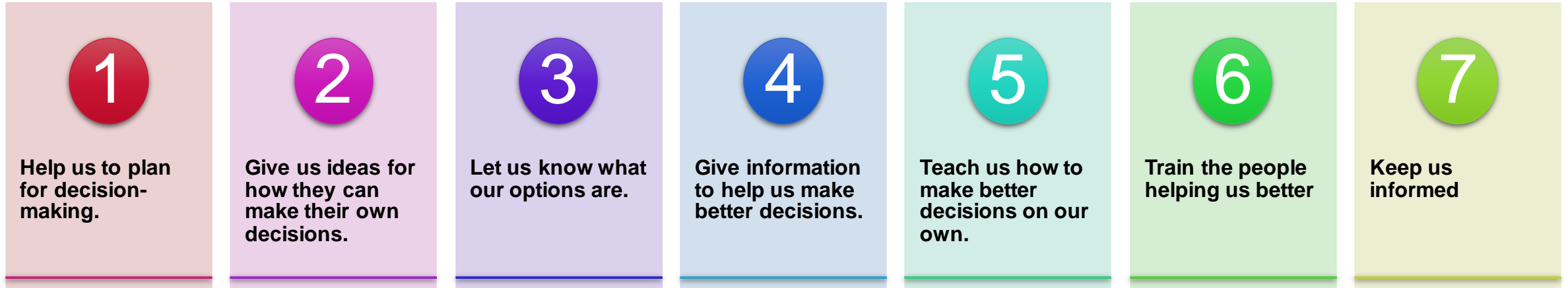
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- *“When I first arrived in Australia, my family had to move a lot. I had to change schools a lot because of this but did not like it. My parents did not tell me when we would move so that would make it hard. **It could have been better if they told me about the moves before it happened.**”*

**CAN YOU TELL US
ABOUT A TIME
WHEN SOMEONE
HELPED YOU (OR
A PERSON WITH
DISABILITY) TO
MAKE A BIG
DECISION?**

- *“My mum helped me secure an independent place to live. **It was helpful when she went with me to the NDIS planning meetings and advocated for my needs.** I liked how she knew me well enough to speak up the things I told her I needed. In the past, I have had other family members try to help but it was not helpful. They would isolate me from others and not listen to my needs. **They would act with what they thought was good for me, but it wasn’t what I wanted.**”*

How can the NDIS help people with disability to make decisions for themselves?



If you wish to contact us



self@multicap.org.au



1300 135 886

all ways.always

Thank you for your time!

Submission by:

Have A Voice and Educate Network
(H.A.V.E.N.) Multicap's Self-Advocacy Network

Brisbane South, Logan/Redlands and North
Coast Regions.



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Thank you for your time!

Customer Voices:

Zac
Liam
Lara
Julia
Brandan
Chris
Rory
Jett
Meegan
Konnor

Anita
Shane
Vicki
Lou
Annie
Katie
J.D
Julia
Millie
Ray
Brian



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