**Home and Living consultation submission**

**Name:** Liz (NSW)

**Date and time submitted:** 7/29/2021 10:37:00 PM

**How do you identify:** A participant who does not currently access home and living supports

# **Do you talk to people about how you would like to live?**

Yes

## **If not, why not?**

* I’m happy with my current arrangements:
* I don’t think I have the money to make changes:
* I don’t know where to start:
* I’m comfortable thinking about it on my own:
* I don’t want to talk about it:
* Other – please describe:

## **What kinds of things do you talk about / would want to talk about?**

* Who I want to live with: Yes
* Where I want to live: Yes
* What supports the NDIS funds: Yes
* What options are available: Yes
* What other people have done: No
* Not sure: No
* Not Applicable: No
* Other – please describe: No

# **Where would you like to get information to think about where and how you live?**

* Internet: No
* Social media: No
* Service providers: No
* Support Coordinator / LACs: Yes
* NDIS / NDIS website: No
* Friends and family: No
* Other participants / peers: No
* Government websites: No
* Peak bodies / advocacy groups: No
* Other – please describe: Yes

I don't know. I don't understand what is available or not and I do not have an intellectual disability.

# **What information, learning and resources could we create to help you choose your home and living supports?**

* Examples of what options other people with disability might have chosen: No
* Someone to talk through my options with me: Yes
* Information that I can take away and read on my own: Yes
* Information given to providers: Yes
* Opportunities to talk with NDIS representatives on new options: No
* Other – please describe: No

# **How helpful is the NDIS website to find information on home and living supports?**

Not at all helpful

## **What would improve the helpfulness of home and living information on the website?**

1. You say you are trying to make it easier to understand but you haven't done so. I have severe mental health disabilities and I cannot get specialised help as you promise. I am 54, have never owned a house, rent a duplex in an area which is the most expensive in all of Australia, 2481. I want to stay where I am but somehow, have my rent locked at a reasonable price, not according to "the market". There is no "market". It is created by greedy investors that buy up houses and rent out as illegal air bnbs. The real estate agents increase the prices. I rent through a real estate agent but I am too scared to ask for assistance. I don't know if the owners would agree to an incentive of sorts. I do not like change and life is stressful to the point that killing myself has been a realistic option. I rely on a regimen of medication that will never make me better but stable enough to hide away in my tiny backyard garden. Write that up in one of your pamphlets. That is what someone who is on NDIS with mental health issues look like.

# **Would it be helpful if your informal supports (e.g. friends, family and carers) knew more about how and where you want to live?**

Not sure

## **How can we work better with your informal supports to help them know more?**

No answer recorded

# **If your NDIS funding was more flexible, would you purchase different support/s for your home life than what you have now?**

No answer recorded

## **Such as?**

# **Who helps you to organise your NDIS supports?**

* Formal support, such as a support coordinator / LAC / NDIA planner or delegate: Yes
* Informal support, such as family / friends / carer / peer support networks / mentors: No
* No one / I self-manage my funds: No
* Other – please describe: No

## **How helpful is using formal supports?**

Neither helpful nor unhelpful

## **How helpful is using informal supports?**

No answer recorded

## **How helpful is using other supports?**

No answer recorded

# **Have you ever used peer support networks or a mentor to find / access NDIS supports?**

Not sure

# **Of the following options, who would you be most likely to use to help you implement your plan?**

* Peer support networks: Extremely unlikely
* Mentors: Extremely unlikely
* Specialised home and living support coordinators: Extremely likely
* Support coordinator / LAC: Very likely
* NDIA planner / delegate: Very unlikely
* Family and friends: Very unlikely
* Other – please describe: Extremely unlikely

DSS, et.al.

# **How would you like to encourage providers to offer new and innovative service options?**

* Pricing incentives for providers: Yes
* Recognition of innovative providers: Yes
* Newsletters: No
* Showcases: No
* Participant reviews and ratings: Yes
* Other – please describe: No

# **Appendix D (see consultation paper) lists options for actions we could take to improve home and living in the NDIS. What other ideas would you add to Appendix D?**

You aren't asking for what I want. This is what the survey is asking, 'Which icecream do you want, vanilla or raspberry?' as an example. I don't like either flavours and I don't want ice cream, especially as it doesn't help in this situation. You do understand I am being as simple as I can to try and get across what I want. I am frustrated, angry and tired.

# **Do you identify as:**

* Aboriginal and Torres Strait Islander? No
* From a culturally and linguistically diverse background? Prefer not to say
* Living in a rural and remote area? Prefer not to say
* LGBTIQA? No
* Having a psychosocial disability? Yes

# **Is there something you would like to see in a home and living policy specific to your response in previous question 12?**

Yes, that term you coined does not exist in the MIMMS book. Maybe, you don't want to help crazy people because it wouldn't look good. How much have you spent on this new improved NDIS plan (which has been implemented to save the government money). P.S. Read the fine print.

# **Is there anything else you would like to add?**

Not everyone who is on the NDIS has down syndrome, and/or wheelchair bound, some form of intellectual disability or MS. Yet, you always put photos of people with down syndrome or someone smiling in a wheelchair. That is unfair to them and to people like me who are the quiet sufferers. I also don't want to be forced to live in social housing, where the crack addicts are forced to live as well as others who do not take drugs. This is a f......ed up situation.

I can't find appendix d or whatever, and it doesn't matter. I can't express myself clearly in a limited choice survey. I want to be in a forum or some other live survey so I can talk to people so they can hear what a day in the life of a mentally ill person is like.