**Home and Living consultation submission**

**Name:** Sandra (NSW)

**Date and time submitted:** 9/9/2021 9:24:00 AM

**How do you identify:** A participant currently receiving home and living supports

# **Do you talk to people about how you would like to live?**

Yes

## **If not, why not?**

* I’m happy with my current arrangements:
* I don’t think I have the money to make changes:
* I don’t know where to start:
* I’m comfortable thinking about it on my own:
* I don’t want to talk about it:
* Other – please describe:

## **What kinds of things do you talk about / would want to talk about?**

* Who I want to live with: Yes
* Where I want to live: Yes
* What supports the NDIS funds: Yes
* What options are available: Yes
* What other people have done: No
* Not sure: No
* Not Applicable: No
* Other – please describe: No

# **Where would you like to get information to think about where and how you live?**

* Internet: Yes
* Social media: Yes
* Service providers: Yes
* Support Coordinator / LACs: Yes
* NDIS / NDIS website: Yes
* Friends and family: Yes
* Other participants / peers: Yes
* Government websites: Yes
* Peak bodies / advocacy groups: Yes
* Other – please describe: No

# **What information, learning and resources could we create to help you choose your home and living supports?**

* Examples of what options other people with disability might have chosen: Yes
* Someone to talk through my options with me: Yes
* Information that I can take away and read on my own: Yes
* Information given to providers: Yes
* Opportunities to talk with NDIS representatives on new options: No
* Other – please describe: No

# **How helpful is the NDIS website to find information on home and living supports?**

Very helpful

## **What would improve the helpfulness of home and living information on the website?**

No answer recorded

# **Would it be helpful if your informal supports (e.g. friends, family and carers) knew more about how and where you want to live?**

Yes

## **How can we work better with your informal supports to help them know more?**

More routine contact with LAC as opposed to the current situation whereby it’s not a given that they will contact you other than in relation to the review.

# **If your NDIS funding was more flexible, would you purchase different support/s for your home life than what you have now?**

Not sure

## **Such as?**

# **Who helps you to organise your NDIS supports?**

* Formal support, such as a support coordinator / LAC / NDIA planner or delegate: No
* Informal support, such as family / friends / carer / peer support networks / mentors: No
* No one / I self-manage my funds: Yes
* Other – please describe: No

## **How helpful is using formal supports?**

No answer recorded

## **How helpful is using informal supports?**

No answer recorded

## **How helpful is using other supports?**

No answer recorded

# **Have you ever used peer support networks or a mentor to find / access NDIS supports?**

No

# **Of the following options, who would you be most likely to use to help you implement your plan?**

* Peer support networks: Very likely
* Mentors: Likely
* Specialised home and living support coordinators: Extremely likely
* Support coordinator / LAC: Extremely likely
* NDIA planner / delegate: Very likely
* Family and friends: Likely
* Other – please describe: Extremely unlikely

# **How would you like to encourage providers to offer new and innovative service options?**

* Pricing incentives for providers: No
* Recognition of innovative providers: No
* Newsletters: No
* Showcases: No
* Participant reviews and ratings: Yes
* Other – please describe: Yes

Thorough research on the items done by myself.

# **Appendix D (see consultation paper) lists options for actions we could take to improve home and living in the NDIS. What other ideas would you add to Appendix D?**

The importance of routine access to qualified support persons (LACs or NDIS) regardless of level of disability.

# **Do you identify as:**

* Aboriginal and Torres Strait Islander? No
* From a culturally and linguistically diverse background? No
* Living in a rural and remote area? No
* LGBTIQA? No
* Having a psychosocial disability? No

# **Is there something you would like to see in a home and living policy specific to your response in previous question 12?**

# **Is there anything else you would like to add?**

I have Corticobasal Degeneration and am aware that the need for assistance in utilising my NDIS plan will eventually become necessary. Being able to build a relationship with my LAC or other people that would be able to assist me in the future would give me confidence that my needs are correctly interpreted should I lose the ability to do this myself.

In the interim, being self-managed is empowering and helps to retain my cognitive skills.