

Tip sheet – finding new providers or supports

You can do research to understand what providers are available, and the types of supports they offer. This will help you make decisions about the types of supports you would like to use.

You can talk with your early childhood partner, local area coordinator or NDIS planner, or support coordinator if you have one. You can use [Provider Finder](#). You can look at local advertisements.

You can find information on the internet – providers often have a website. Some search results may not be what you are looking for. You can ask someone you trust to help you, like your doctor or a family member or friend.

You might like to think about these questions to decide if a support is right for you. You can also look at [provider wait lists](#) and [your first meeting with a provider](#) to help you. You don't have to get answers for all these questions.

- Find out more about your disability and/ or functionality. You can look at the [Guides for understanding supports](#), the [research and evaluation page](#) on the NDIS website, and a [list of peak bodies and other disability associations](#) to get you started.

- What providers have you found who offer supports that are likely to meet your needs? What types of supports do they offer?

- Why do you think this support will help you? What needs or goals do you think it will meet?

- Are there other supports you have considered that may be right for you?

- Have you tried something like this before? If yes, what was the outcome?

- What does your doctor or occupational therapist suggest?

- Where is this support available? Can you get this support closer to home?

- How much does this support cost?

- Does your NDIS plan include funding for this support? Check the [reasonable and necessary criteria](#) and whether [we would fund it](#)

- What do other people who have seen this provider or tried this support think? What benefits did they get? (Note – supports don't work the same way for everyone)

Other notes
