# **Transcript – Brett Hall:Next step to confidence**

[Brett Hall] Hi, I’m Brett, I come from Adelaide, and I have autism spectrum disorder which means that I sometimes find it difficult to deal with loud noises or bright lights. For a while I thought I might be gender fluid sort of experimented a bit with that and then finally realised that I was trans around age 16.

[Rachel – Support worker] For people who have never looked someone else in the eye and identified you're like me I’m like you we have a similar experience it's really powerful for people, particularly young people to meet someone who experiences something similar so community and connection with others is really important.

[Jason – Brett’s dad] Since joining the NDIS Brett's had a lot more support to live the way that he wants to live. He's come from a school system that didn't really cope that well with his needs, so it was not until after Brett left school that he sort of began to find his own way a bit more.

[Jason Mason] Hi, my name is Jason Mason, I’m a senior group facilitator with Autism SA. Through Brett's budget he accesses our Next Step program.

The Next Step program focuses on promoting independence, working towards getting job ready.

He is more communicative, he's become more of a leader within group work, there's more speed there's more element there's more confidence.

[Brett Hall] It helps with finding a job or finding a pathway to uni and I feel a lot more confident, also it helps me make friends who are like me, and just knowing that they identify with me or understand what I’m going through and yeah just a lot more sense of belonging.

[Jason – Brett’s dad] The NDIS has been wonderful in being able to offer us the funding to be able to address some of those needs and it's just been really helpful to us as a family, it's been great.

[Announcement] The NDIS is now supporting more than half a million Australians. To find out more, visit ndis.gov.au

[End Transcript]