**Support for Decision Making consultation submission**

**Name:** Individual 51 (SA)

**Date and time submitted:** 7/13/2021 8:15:00 AM

**How do you identify:**

* A NDIS participant: No
* A family member, friend or carer of a NDIS participant: Yes
* A NDIS nominee: No
* A legally appointed guardian: No
* A disability support worker: No
* A health or allied health worker: No
* A community member: No
* Aboriginal or Torres Strait Islander: No
* Culturally and linguistically diverse: No
* From a rural or remote area: No
* A person with an intellectual disability: No
* A person with a cognitive impairment: No
* A person with a communication disability: No
* A person with a psychosocial disability: No
* Other: No
1. **How can we help people with disability make decisions for themselves?**
* Resources: No
* Information: No
* Decision Guides: No
* Having a person help: Yes
* Other: No
1. **Who are the best people to help you (or a person with a disability) to make decisions?**
* Family: Yes
* Friends: No
* Peer Support Networks: No
* Mentors: No
* Coordinators: No
* LAC: Yes
* NDIA Partners: No
* Advocates: No
* Service Providers: Yes
* Other: No
1. **What should they do to help with decision-making?**

Listen to the participants' individual, specifically needs and offer ideas and be realistic

1. **How can they get better at helping?**
* Getting to know the participant well: Yes
* Doing some training on decision support: Yes
* By having resources and information about providing decision support: Yes
* Other: Yes

Talk to the participants' family/partner

1. **How can we make sure the right people are helping?**
* They are chosen by the NDIS Participant as a decision supporter: Yes
* They value the rights of people to make decisions with support: Yes
* They are a registered provider: No
* They enable the participant to take risks: Yes
* Other: Yes

Experience with different clients

1. **What should decision supporters know about so they can better help people with disability make decisions?**
* Guidelines for decision supporters: Yes
* Scenarios or Examples: Yes
* Information Sessions: Yes
* Support Networks: Yes
* Other: No
1. **Can you tell us about a time when someone helped you (or a person with disability) to make a big decision?**

Yes

**What worked well?**

Patience, letting them set the time/date, allowing them to reschedule as needed

**What could have been better?**

Service provider working with me, instead of talking over me

1. **What is the best way to support people with disability to make decisions about their NDIS plan?**
* Practice: No
* Peer Support Networks: Yes
* Information and Resources: Yes
* Guidance Tools: No
* Not Sure: No
* Other: Yes

Internet resources

1. **Are there different things to consider for people with different disabilities or cultural backgrounds?**

**An intellectual disability:** No

**A disability that impacts how they think, a cognitive impairment:** Yes, They need more and different explanations and processing time

**A psychosocial disability:** No

**A disability that impacts their ability to communicate:** No

**From a CALD community:** No

**From an Aboriginal or Torres Strait Islander Community:** No

**From the LGBTIQA community:** Yes, They need to be clearly shown that they are safe and supported through visual aids

1. **How can we help reduce conflict of interest?**

Make sure to review everyone's work regularly, hold people accountable

1. **How can we help reduce undue influence?**

Give the client extra time to consider ideas and change who they work with without giving a reason

1. **What are your concerns (if any) around people with disability being more involved in making decisions for themselves?**

That they are being forced to do things to please others at a detriment to their mental / physical health

1. **What else could we do to help people with disability to make decisions for themselves? Is there anything missing?**

Let them know they are the focus and their ideas are perfect for them

1. **Do you have any feedback on our proposed actions in Appendix C of the paper?**

No response recorded