**Home and Living consultation submission**

**Name:** Teresa (VIC)

**Date and time submitted:** 8/3/2021 1:27:00 AM

**How do you identify:** A disability support worker, health or allied health worker

# **Do you talk to people about how you would like to live?**

Not sure

## **If not, why not?**

* I’m happy with my current arrangements: No
* I don’t think I have the money to make changes: No
* I don’t know where to start: Yes
* I’m comfortable thinking about it on my own: No
* I don’t want to talk about it: No
* Other – please describe: No

## **What kinds of things do you talk about / would want to talk about?**

* Who I want to live with: Yes
* Where I want to live: Yes
* What supports the NDIS funds: No
* What options are available: Yes
* What other people have done: Yes
* Not sure: No
* Not Applicable: No
* Other – please describe: No

# **Where would you like to get information to think about where and how you live?**

* Internet: No
* Social media: No
* Service providers: No
* Support Coordinator / LACs: No
* NDIS / NDIS website: No
* Friends and family: Yes
* Other participants / peers: Yes
* Government websites: No
* Peak bodies / advocacy groups: No
* Other – please describe: No

# **What information, learning and resources could we create to help you choose your home and living supports?**

* Examples of what options other people with disability might have chosen: Yes
* Someone to talk through my options with me: Yes
* Information that I can take away and read on my own: No
* Information given to providers: No
* Opportunities to talk with NDIS representatives on new options: Yes
* Other – please describe: Yes

I need time to learn what is possible, people who have open mind set as to what is possible, and the right supports to help me journey from the idea of moving into my own home, to how i design this and then help to make it happen. I will also need long tern supports to ensure my home life is well supported by people I choose and trust. i will need assistance to consider my future and how to sustain my good home life, once I have it, into the future, once my parents have died.

# **How helpful is the NDIS website to find information on home and living supports?**

Neither helpful nor unhelpful

## **What would improve the helpfulness of home and living information on the website?**

The info on the website is useful but the service system and the NDIS response is not yet at a good quality. We need planners who actually support my wishes to move out of home into a place of my own design, with the people I choose, and do what they can to enable this. Have support coordinators who know how to support me to move into my own home, find the adequate supports I need and help me maintain and develop connections with the community, not just therapists. (with enough time to support me properly) Have a multitude of Support agencies I can choose from where I can choose my own staff, develop relationships with them and not be sent people I don't know. Also Support agencies that have flexible staff working time and that will work with me directly to meet my support needs, not just the needs/constraints of the organisation.

# **Would it be helpful if your informal supports (e.g. friends, family and carers) knew more about how and where you want to live?**

Yes

## **How can we work better with your informal supports to help them know more?**

Continue to support capacity building organizations who can educate them. Educate and change the mind set of NDIS staff who can then act as change agents and support for people and families/natural supports, rather than them often being what encumbers them and adds stress to their already overwhelmed lives.

# **If your NDIS funding was more flexible, would you purchase different support/s for your home life than what you have now?**

Yes

## **Such as?**

my own staff, a personal assistant to help me organize, housemates, adaptive equipment, training for my team in inclusion and community development

# **Who helps you to organise your NDIS supports?**

* Formal support, such as a support coordinator / LAC / NDIA planner or delegate: Yes
* Informal support, such as family / friends / carer / peer support networks / mentors: Yes
* No one / I self-manage my funds: No
* Other – please describe: No

## **How helpful is using formal supports?**

Somewhat helpful

## **How helpful is using informal supports?**

Very helpful

## **How helpful is using other supports?**

No answer recorded

# **Have you ever used peer support networks or a mentor to find / access NDIS supports?**

Yes

# **Of the following options, who would you be most likely to use to help you implement your plan?**

* Peer support networks: Extremely likely
* Mentors: Extremely likely
* Specialised home and living support coordinators: Very likely
* Support coordinator / LAC: Neutral
* NDIA planner / delegate: Extremely unlikely
* Family and friends: Extremely likely
* Other – please describe: Extremely likely

Staff i have trained and been with for a long time that help me navigate things and play all sorts of complex roles helping me to create a good life in my community. My Circle of Support

# **How would you like to encourage providers to offer new and innovative service options?**

* Pricing incentives for providers: No
* Recognition of innovative providers: No
* Newsletters: No
* Showcases: No
* Participant reviews and ratings: No
* Other – please describe: Yes

Appropriate training so that people know how to assist people individually to create a live of their own choosing

# **Appendix D (see consultation paper) lists options for actions we could take to improve home and living in the NDIS. What other ideas would you add to Appendix D?**

The focus on education and knowing what is possible is important across the NDIS and all potential connectors. Some people have been creating their own lives for a long time, we need to keep learning from them. NDIS offering truly flexible supports without limits (reasonable and necessary) - but not capped! to meet people's actual needs. Timely response to change of circumstances. Possible community media campaign that highlights an ordinary and typical life for citizens with disability, so as to acutely change global and community mindset and support of people as ordinary citizens with the same rights, responsibilities and needs for a good life and a good home in their local community. No more segregation and isolation of people with disability. The service sector needs to stop doing this.

# **Do you identify as:**

* Aboriginal and Torres Strait Islander? No
* From a culturally and linguistically diverse background? Yes
* Living in a rural and remote area? No
* LGBTIQA? Yes
* Having a psychosocial disability? No

# **Is there something you would like to see in a home and living policy specific to your response in previous question 12?**

if people are supported 1:1 and treated as unique individuals these considerations should already be met

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# **Is there anything else you would like to add?**

The introduction of the ILO is a terrific start. We have a long way to go to continue to support people.