**Home and Living consultation submission**

**Name:** Lesley (VIC)

**Date and time submitted:** 8/22/2021 9:17:00 PM

**How do you identify:** A family member, friend or carer of a participant or person with disability

# **Do you talk to people about how you would like to live?**

Not applicable

## **If not, why not?**

* I’m happy with my current arrangements:
* I don’t think I have the money to make changes:
* I don’t know where to start:
* I’m comfortable thinking about it on my own:
* I don’t want to talk about it:
* Other – please describe:

## **What kinds of things do you talk about / would want to talk about?**

* Who I want to live with: No
* Where I want to live: No
* What supports the NDIS funds: No
* What options are available: No
* What other people have done: No
* Not sure: No
* Not Applicable: Yes
* Other – please describe: No

# **Where would you like to get information to think about where and how you live?**

* Internet: No
* Social media: No
* Service providers: No
* Support Coordinator / LACs: No
* NDIS / NDIS website: No
* Friends and family: Yes
* Other participants / peers: No
* Government websites: No
* Peak bodies / advocacy groups: No
* Other – please describe: No

# **What information, learning and resources could we create to help you choose your home and living supports?**

* Examples of what options other people with disability might have chosen: No
* Someone to talk through my options with me: No
* Information that I can take away and read on my own: No
* Information given to providers: No
* Opportunities to talk with NDIS representatives on new options: Yes
* Other – please describe: Yes

I don’t have decision making capabilities. I rely on others to make decisions for me

# **How helpful is the NDIS website to find information on home and living supports?**

Neither helpful nor unhelpful

## **What would improve the helpfulness of home and living information on the website?**

Less complex rules

# **Would it be helpful if your informal supports (e.g. friends, family and carers) knew more about how and where you want to live?**

Yes

## **How can we work better with your informal supports to help them know more?**

Informal Supports need to be recognised and supported to help with the decision making process and to prevent burnout

# **If your NDIS funding was more flexible, would you purchase different support/s for your home life than what you have now?**

No

## **Such as?**

# **Who helps you to organise your NDIS supports?**

* Formal support, such as a support coordinator / LAC / NDIA planner or delegate: No
* Informal support, such as family / friends / carer / peer support networks / mentors: Yes
* No one / I self-manage my funds: No
* Other – please describe: No

## **How helpful is using formal supports?**

No answer recorded

## **How helpful is using informal supports?**

Very helpful

## **How helpful is using other supports?**

No answer recorded

# **Have you ever used peer support networks or a mentor to find / access NDIS supports?**

No

# **Of the following options, who would you be most likely to use to help you implement your plan?**

* Peer support networks: Unlikely
* Mentors: Unlikely
* Specialised home and living support coordinators: Neutral
* Support coordinator / LAC: Extremely likely
* NDIA planner / delegate: Extremely likely
* Family and friends: Extremely unlikely
* Other – please describe: Extremely likely

Websites such as The Growing Space, their information is clear and concise

# **How would you like to encourage providers to offer new and innovative service options?**

* Pricing incentives for providers: No
* Recognition of innovative providers: Yes
* Newsletters: No
* Showcases: No
* Participant reviews and ratings: Yes
* Other – please describe: No

# **Appendix D (see consultation paper) lists options for actions we could take to improve home and living in the NDIS. What other ideas would you add to Appendix D?**

No answer recorded

# **Do you identify as:**

* Aboriginal and Torres Strait Islander? No
* From a culturally and linguistically diverse background? No
* Living in a rural and remote area? No
* LGBTIQA? No
* Having a psychosocial disability? No

# **Is there something you would like to see in a home and living policy specific to your response in previous question 12?**

# **Is there anything else you would like to add?**

I feel there needs to be more training of NDIA staff, and an increase in staff numbers.

My informal support was diagnosed with Breast Cancer in 2020, unfortunately the treatment has left her with minor disabilities making it much more difficult to care for me.

The amount of paperwork, hoops and downright pressure that has to be put on the NDIA staff to get adequate funding to support me live as best life as I can is dreadful.