**Home and Living consultation submission**

**Name:** Judith (WA)

**Date and time submitted:** 8/22/2021 1:23:00 PM

**How do you identify:** A family member, friend or carer of a participant or person with disability

# **Do you talk to people about how you would like to live?**

Yes

## **If not, why not?**

* I’m happy with my current arrangements:
* I don’t think I have the money to make changes:
* I don’t know where to start:
* I’m comfortable thinking about it on my own:
* I don’t want to talk about it:
* Other – please describe:

## **What kinds of things do you talk about / would want to talk about?**

* Who I want to live with: No
* Where I want to live: Yes
* What supports the NDIS funds: Yes
* What options are available: Yes
* What other people have done: No
* Not sure: No
* Not Applicable: No
* Other – please describe: No

# **Where would you like to get information to think about where and how you live?**

* Internet: No
* Social media: No
* Service providers: Yes
* Support Coordinator / LACs: Yes
* NDIS / NDIS website: Yes
* Friends and family: Yes
* Other participants / peers: No
* Government websites: No
* Peak bodies / advocacy groups: No
* Other – please describe: No

# **What information, learning and resources could we create to help you choose your home and living supports?**

* Examples of what options other people with disability might have chosen: Yes
* Someone to talk through my options with me: Yes
* Information that I can take away and read on my own: Yes
* Information given to providers: Yes
* Opportunities to talk with NDIS representatives on new options: No
* Other – please describe: No

# **How helpful is the NDIS website to find information on home and living supports?**

I've never looked

## **What would improve the helpfulness of home and living information on the website?**

No answer recorded

# **Would it be helpful if your informal supports (e.g. friends, family and carers) knew more about how and where you want to live?**

Yes

## **How can we work better with your informal supports to help them know more?**

No answer recorded

# **If your NDIS funding was more flexible, would you purchase different support/s for your home life than what you have now?**

Not sure

## **Such as?**

# **Who helps you to organise your NDIS supports?**

* Formal support, such as a support coordinator / LAC / NDIA planner or delegate: Yes
* Informal support, such as family / friends / carer / peer support networks / mentors: Yes
* No one / I self-manage my funds: No
* Other – please describe: No

## **How helpful is using formal supports?**

Very helpful

## **How helpful is using informal supports?**

Very helpful

## **How helpful is using other supports?**

No answer recorded

# **Have you ever used peer support networks or a mentor to find / access NDIS supports?**

No

# **Of the following options, who would you be most likely to use to help you implement your plan?**

* Peer support networks: Very likely
* Mentors: Likely
* Specialised home and living support coordinators: Neutral
* Support coordinator / LAC: Very unlikely
* NDIA planner / delegate: Unlikely
* Family and friends: Extremely unlikely
* Other – please describe: Extremely likely

Not sure

# **How would you like to encourage providers to offer new and innovative service options?**

* Pricing incentives for providers: Yes
* Recognition of innovative providers: Yes
* Newsletters: Yes
* Showcases: Yes
* Participant reviews and ratings: Yes
* Other – please describe: No

# **Appendix D (see consultation paper) lists options for actions we could take to improve home and living in the NDIS. What other ideas would you add to Appendix D?**

No answer recorded

# **Do you identify as:**

* Aboriginal and Torres Strait Islander? No
* From a culturally and linguistically diverse background? No
* Living in a rural and remote area? Yes
* LGBTIQA? No
* Having a psychosocial disability? Yes

# **Is there something you would like to see in a home and living policy specific to your response in previous question 12?**

In my experience carers are well meaning. They are trained to deliver practical care eg showering, shopping, dishes, cleaning, gardening etc. In my experience carers find it very difficult to transition to provide care for a person who does not need this practical care. Instead we need a continuum of care to assist and monitor our executive function and physical and mental wellbeing. A policy needs to make this distinction very clear, and providers should be trained to deliver and then promote these services.

# **Is there anything else you would like to add?**

No response recorded