**Home and Living consultation submission**

**Name:** Individual 2 (QLD)

**Date and time submitted:** 9/9/2021 11:30:00 PM

**How do you identify:** A participant currently receiving home and living supports

# **Do you talk to people about how you would like to live?**

Yes

## **If not, why not?**

* I’m happy with my current arrangements:
* I don’t think I have the money to make changes:
* I don’t know where to start:
* I’m comfortable thinking about it on my own:
* I don’t want to talk about it:
* Other – please describe:

## **What kinds of things do you talk about / would want to talk about?**

* Who I want to live with: Yes
* Where I want to live: Yes
* What supports the NDIS funds: Yes
* What options are available: Yes
* What other people have done: No
* Not sure: No
* Not Applicable: No
* Other – please describe: No

# **Where would you like to get information to think about where and how you live?**

* Internet: Yes
* Social media: No
* Service providers: Yes
* Support Coordinator / LACs: Yes
* NDIS / NDIS website: Yes
* Friends and family: Yes
* Other participants / peers: Yes
* Government websites: No
* Peak bodies / advocacy groups: Yes
* Other – please describe: No

# **What information, learning and resources could we create to help you choose your home and living supports?**

* Examples of what options other people with disability might have chosen: Yes
* Someone to talk through my options with me: Yes
* Information that I can take away and read on my own: Yes
* Information given to providers: Yes
* Opportunities to talk with NDIS representatives on new options: Yes
* Other – please describe: Yes

Other people living with physical disability, who is willing to peer mentor me through the process from the initial transition stage through to those who have been living independently for more than 5 years.

# **How helpful is the NDIS website to find information on home and living supports?**

Neither helpful nor unhelpful

## **What would improve the helpfulness of home and living information on the website?**

A State by State section. I want to know what provisions are made for me relevant to my State, whether it is a capital city, regional centre, regional town, rural or remote.

# **Would it be helpful if your informal supports (e.g. friends, family and carers) knew more about how and where you want to live?**

Yes

## **How can we work better with your informal supports to help them know more?**

Produce resources focussing on the fundamental principles of how much informal supports I will need in the short, medium and long term and how they can assist me, to live just as they do.

# **If your NDIS funding was more flexible, would you purchase different support/s for your home life than what you have now?**

Yes

## **Such as?**

Large ticket items like renovations, swimming pools, garden and landscaping, both adding too and removal off as we age.

# **Who helps you to organise your NDIS supports?**

* Formal support, such as a support coordinator / LAC / NDIA planner or delegate: Yes
* Informal support, such as family / friends / carer / peer support networks / mentors: Yes
* No one / I self-manage my funds: No
* Other – please describe: Yes

My neuropsychologists, chiropractor and exercise physiologist. It helps to gauge a holistic approach.

## **How helpful is using formal supports?**

Somewhat helpful

## **How helpful is using informal supports?**

Somewhat helpful

## **How helpful is using other supports?**

Somewhat helpful

# **Have you ever used peer support networks or a mentor to find / access NDIS supports?**

No

# **Of the following options, who would you be most likely to use to help you implement your plan?**

* Peer support networks: Unlikely
* Mentors: Extremely unlikely
* Specialised home and living support coordinators: Very unlikely
* Support coordinator / LAC: Unlikely
* NDIA planner / delegate: Very likely
* Family and friends: Very unlikely
* Other – please describe: Unlikely

# **How would you like to encourage providers to offer new and innovative service options?**

* Pricing incentives for providers: Yes
* Recognition of innovative providers: Yes
* Newsletters: No
* Showcases: Yes
* Participant reviews and ratings: Yes
* Other – please describe: No

# **Appendix D (see consultation paper) lists options for actions we could take to improve home and living in the NDIS. What other ideas would you add to Appendix D?**

No answer recorded

# **Do you identify as:**

* Aboriginal and Torres Strait Islander? No
* From a culturally and linguistically diverse background? No
* Living in a rural and remote area? Yes
* LGBTIQA? No
* Having a psychosocial disability? Yes

# **Is there something you would like to see in a home and living policy specific to your response in previous question 12?**

More options. More smaller over 50's villages, more built for purpose private and public housing options and make it less complex to build smaller dwellings onto existing properties belonging to family members and friends. I'm sure all these options are available in the cities, but very few practical options are available to PwD in regional and rural accommodation. Whilst COVID remains prevalent in our society, I certainly do not want to relocate to a city any time soon.

Panic Rooms, larger bathrooms, ensuites and garages, as well as recessed concrete entrance and exit points.

# **Is there anything else you would like to add?**

No thank you. Thank you for the opportunity to have my say, I really appreciate it.