# Transcript – AFL National Inclusion Carnival

Coach: 100%

On 3 - 1, 2, 3! - [CHEERING]

Tim: (AFL): The AFL National Inclusion Carnival is for men over 16 years of age with intellectual disability. So it's an opportunity for them to be on show.

[MUSIC PLAYING]

One participant that comes to mind is Lachlan Essing from Victoria Metro.

Three years ago was a starting point for him being a shy, timid young man, now a young confident leader within the team. He's got a casual working position at the AFL as well, so the Carnival has been a platform to him.

Lachlan: When I first started, I was so nervous to be inside. But now they look up to me, the new blokes coming through.

[MUSIC PLAYING]

[CHEERING]

Lachlan: We're always there for each other. So if you're down, we'll notice it straightaway. We're always there to help out. Or if you ever need support, that's what we're there for, and that's what mates are for.

Coach: You backed yourself. You took it upon yourself. Keep doing that.

Tim: The confidence that the guys are building, the sense of belonging, it's just one of the many skills that the guys are getting from being part of the Carnival.

Lachlan: To get out on the ground, to show their ability – You know, OK, I may be blind, but nothing's going to stop me. I may have autism, but nothing's going to stop me. This is your moment. This is your time to shine.

[MUSIC PLAYING]

(SINGING) Whoa, whoa!

Player 1: The Carnival means--Be included.

Player 2: Enjoying the game.

Player 3: Meeting new friends, new people.

Player 4: Make amazing friendships that last a lifetime.

[MUSIC PLAYING]